16th
Biennial National Conference of Indian Association of Child and Adolescent Mental Health

Child And Adolescent Mental Health in Changing Times: Opportunities and Challenges!

24th - 26th December 2021 | A Virtual Conference

Organized by:
Centre for Child and Adolescent Psychiatry, Central Institute of Psychiatry, Ranchi
MEET OUR SPEAKERS

Dr. Soumya Basu  
MBBS (Hons), DPM, MD, FRANZCP, Adv Cert C & A Psych.  
Senior Lecturer, Department of Psychological Medicine at Monash University

Dr. Soumitra Shankar Datta  
MBBS, MD, DPM, DNB, MRCPsych, CCT  
Senior Consultant Psychiatrist, Tata Medical Center, Kolkata  
Honorary Researcher, Institute of Clinical Trials & Methodology University College London

Dr. Satya Raj  
MBBS, MD, DPM, DNB FRANZCP  
Consultant, Child and Adolescent Psychiatry Unit, CMC, Vellore

Dr. Naresh Nebhinani  
MBBS, MD, DNB (Psychiatry)  
Diploma in Naturopathy & Yoga  
Associate Professor  
Department of Psychiatry, AIIMS, Jodhpur
MEET OUR SPEAKERS

Dr. Kishor Vishwanath Gujar
MBBS, MD
Consultant Psychiatrist at Shree Shakti Hospital, Pune
Consultant Adult & Child Psychiatrist
Deenanath Mangeshkar Hospital & Galaxy Care Hospital, Pune
Former Deputy Medical Superintendent, HOD, Psychiatry Dept
& In-charge, Child Guidance Centre, YCM Hospital, Pune

Prof. Shekhar Seshadri
MBBS, MD
Senior Professor, Department of Child & Adolescent Psychiatry & Associate Dean of Behavioural Sciences

Dr. Varun S Mehta
MBBS, MD, DNB
Associate Professor of Psychiatry
Central Institute of Psychiatry, Ranchi

Prof. Vikram Patel
MBBS, Ph.D
Professor of International Mental Health and Wellcome Trust Senior Research Fellow in Clinical Science at the London School of Hygiene & Tropical Medicine (UK).
Joint leader of the Mental Health Innovation Network
Joint Director of the School’s Centre for Global Mental Health and the Honorary Director of the Public Health Foundation of India’s Centre for Chronic Conditions and Injuries.
Co-founder of Sangath, a community based NGO
MEET OUR SPEAKERS

Prof. Shoba Srinath
MBBS, DPM, MD
Retd. Professor and Ex-HOD,
Department of Child & Adolescent Psychiatry
NIMHANS

Dr. Prathibha Karanth
M.Sc., Ph.D.
Founding Director & Managing Trustee
The Com DEALL Trust
Former Head of Department & Professor
All India Institute of Speech & Hearing, Mysore, India

Dr. Susan Shur-fen Gau
MD, Ph.D.
Vice Superintendent, National Taiwan University Hospital
Professor & Attending Physician, Department of Psychiatry
National Taiwan University Hospital
Professor, Department of Psychology, School of Occupational Therapy, Graduate Institute of Epidemiology and Preventive Medicine, and Graduate Institute of Clinical Medicine
College of Public Health, Taipei, Taiwan
<table>
<thead>
<tr>
<th>Time</th>
<th>HALL A</th>
<th>INVITED CME</th>
<th>SCIENTIFIC PROGRAM</th>
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<tbody>
<tr>
<td>02:30 PM</td>
<td></td>
<td>Neurodevelopmental disorder and Personality Disorders is there a link? By Dr Soumya Basu Melbourne, Australia</td>
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<tr>
<td>03:00 PM</td>
<td></td>
<td>Cochrane reviews on psychosis in children or Adolescents by Dr Soumitra Dutta Kolkata</td>
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<td>03:30 PM</td>
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<td>Journey into the infants’ mind by Dr Satya Raj Vellore</td>
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<td>04:00 PM</td>
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<td>Lost Childhood in COVID Pandemic by Dr Naresh Nebhinani Jodhpur</td>
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<td>04:30 PM</td>
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<td>NCRB 2020 and Beyond: Focus on Suicide in Children and Adolescents by Dr Varun S Mehta Ranchi</td>
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<tr>
<td>05:00 PM</td>
<td></td>
<td>INAGURATION OF THE CONFERENCE</td>
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<tr>
<td>06:00 PM</td>
<td></td>
<td>PRESIDENTIAL ADDRESS BY DR. KISHOR GUJAR</td>
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Chairpersons
Dr. Kishor Gujar, Pune
Dr. Basudeb Das, CIP

Chairpersons
Dr. Devashish Konar, Burdwan
Dr. D. Ram, CIP

Chairpersons
Dr. Vivek Agarwal,
Lucknow
Dr. Avinash Sharma, CIP

Chairpersons
Dr. K. K. Mishra,
Sevagram
Dr. Dipanjan Bhattacharjee, CIP

Chairpersons
Dr. Chhiti Srivastava Prayagraj
Dr. Vinod K Sinha, Ranchi
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<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
<th>Details</th>
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<tr>
<td>09:00 AM</td>
<td>Theme Symposium</td>
<td>Hall A</td>
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<tr>
<td>09:45 AM</td>
<td>Chairpersons Dr. Jyoti Prakash, CIP</td>
<td>Hall A</td>
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<td>10:30 AM</td>
<td>Lunch Break</td>
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<tr>
<td>11:30 AM</td>
<td>Chairpersons Dr. Sanjay K Munda, CIP</td>
<td>Hall B</td>
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<tr>
<td>12:30 PM</td>
<td>NLOUFE Award</td>
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<td>The effect of mindfulness practice on adolescents: An exploratory study by Dr. Rushi &amp; Colleagues</td>
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<td>01:15 PM</td>
<td>Chairpersons Dr. Nishant Goyal, CIP</td>
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<td>02:00 PM</td>
<td>J C Marfatia Award</td>
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<tr>
<td>02:15 PM</td>
<td>Chairpersons Alka Subramanyam, NiDhi Chauhan</td>
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<td>03:00 PM</td>
<td>Lunch Break</td>
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<td>03:15 PM</td>
<td>Symposium</td>
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<tr>
<td>04:15 PM</td>
<td>LUKE CLARK AWARD</td>
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<td>1. A study of the prevalence of parental ADHD and comparing its impact of parenting styles, parenting styles, parenting competence and family chaos with parents without ADHD – By Fiona Mehta</td>
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<td>04:30 PM</td>
<td>Annual General Body Meeting</td>
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<td>05:30 PM</td>
<td>Telpsychiatry during the COVID-19 pandemic-experiences from a child clinic – By Dr Hensal Shah and Colleagues</td>
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<td>06:30 PM</td>
<td>Emerging Good Practices Model for Positive Mental Health of Students – By Dr Rushi and Colleagues</td>
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## SCIENTIFIC PROGRAM

### Day 2: 25th December 2021

<table>
<thead>
<tr>
<th>Time</th>
<th>Session 1</th>
<th>Session 2</th>
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<tbody>
<tr>
<td>05:30 PM - 06:30 PM</td>
<td><strong>E-Poster Session 02</strong></td>
<td>Annual General Body Meeting</td>
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Day 3: 26th December 2021

HALL A

02:00 PM-03:00 PM
Free Paper session 01
1. Eating disorders and psychiatric comorbidities: a case series – By Dr Sincy Treasa Joseph & Colleagues

03:00 PM-04:00 PM
Workshops

04:00 PM -05:00 PM
Workshops
3. Study of factors associated with use and non-use of medications in newly diagnosed ADHD children – By Dr Velprashanth Venkatesan & Colleagues

05:00 PM-05:45 PM
Plenary Session 01
4. Role of olanzapine in a patient with Body Dysmorphic Disorder (BDD) with suicidal ideation – By Dr Adili Sharma

05:45 PM-06:30 PM
Plenary Session 02
5. Role of emotional dysregulation, personal growth initiative and experiential avoidance in self-injurious behaviours in adolescents of Punjab – By Amandeep Singh & Varunpreet Saini

06:30 PM-07:00 PM
Free Paper session 03
6. The neuropsychological profile of an individual with Asperger syndrome using WAIS 5th: A case study – By Ms Amrina Bhullar & Colleagues

07:00 PM onwards
VALEDICTORY

Characterizing neurodevelopmental disorders by neuroimaging: endophenotypes, longitudinal outcomes and treatment effects

Dropouts from treatment in child mental health services following reporting under POCSO Act, 2012: A critical appraisal – By Dr Sampa Sinha and Dr. Deepak Kumar

1. Understanding the efficacy of a virtual emotional health program to enhance wellbeing in adolescents – By Ms Eli Goel & colleagues

2. A study of plasma oxytocin levels in children with autism spectrum disorder – By Dr Nikhita Bhat & Dr Vijay Gogoi

3. Cyclical vomiting syndrome in children: Lessons from two cases from a tertiary care hospital – By Jina Helguraj & Colleagues


5. Case series proposal parenting factors and childhood dissociation – By Dr Pallavi Abhilasha & Colleagues

6. Relationship between Machiavellianism and trust in late adolescents – By Ms. Harprit Kaur & Colleagues
<table>
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<tr>
<th>Time</th>
<th>Session/Activity</th>
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<tbody>
<tr>
<td>02:00 PM - 03:00 PM</td>
<td>Free Paper session 02</td>
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<tr>
<td>03:00 PM - 04:00 PM</td>
<td>Workshops</td>
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<tr>
<td>04:00 PM - 05:00 PM</td>
<td>Workshops</td>
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<tr>
<td>06:30 PM - 07:00 PM</td>
<td>Free Paper session 04</td>
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<tr>
<td>07:00 PM onwards</td>
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**Hall B**

1. Understanding the interplay of adolescence substance use and temperament: A study from north-eastern part of India – By Dr Anju Moni Rabha & Dr Kamala Deka

2. Clinical and functional outcomes in the naturalistic setting in children with autism spectrum disorder – By Himani Adarsh & colleagues

3. Parenting style in individuals with obsessive compulsive disorder – By Ashish Kumar Yadav & Colleagues

4. Using the House-Tree-Person test to assess psychological factors associated with dissociation in children and adolescents – By Asmita Dahi & Colleagues

5. Trauma in Children and Adolescents: An Advanced Understanding – Ms Alisha Arora and Colleagues

6. Antipsychotic augmentation for treatment resistant childhood obsessive compulsive disorder (OCD): A systematic review - Joyita Sinha & Colleagues

**Day 3: 26th December 2021**

1. Efficacy of regulation focussed psychotherapy in managing externalizing behavioural problems among children and adolescent - A psychoeducational study – By Ms Payal Sipani & colleagues

2. Psycho-social world of children and adolescents who lost their parents to the pandemic – By Priyadarshini Pant & Harprat Kaur

3. Relevance of a guidebook in the management of children and adolescents with anorexia nervosa - A pilot study – By Shawn Serra & Colleagues

4. Father’s involvement in childcare during COVID19 pandemic in children with neurodevelopmental disorders – By Dr Vinyas Nisarga & Dr Henal Shah
<table>
<thead>
<tr>
<th>Time</th>
<th>Session 03</th>
<th>Session 04</th>
<th>Session 05</th>
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</thead>
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<tr>
<td>4.00PM to 5.00PM</td>
<td>11. Frustration Intolerance and Perfectionism among adolescents – By Dr Harprit Kaur and Colleagues</td>
<td>16. Self-concept and guilt in adolescent obsessive compulsive disorder: A comparative study - By Ms Neha Yadav and Colleagues</td>
<td>20. Major depressive disorder masquerading as skin purpurae in a case of Gardner-Diamond Syndrome by Dr Govani SP and Colleagues</td>
</tr>
<tr>
<td>5.00 PM to 6.00PM</td>
<td>12. Trichotillomania in a 10 year old girl: A Case report – By Dr. Rajyaguru HD and Colleagues</td>
<td>17. A case report of tuberous sclerosis with attention deficit hyperactivity disorder in a child – By Dr Nisha Devi and Colleagues</td>
<td>21. A study of relationship between defense mechanisms and depression in individuals with alcohol dependence - by Dr Soham De and Colleagues</td>
</tr>
<tr>
<td>6.00 PM to 7.00PM</td>
<td>13. A study of parents of children and adolescents with externalizing and internalizing problem behaviors By Ms. Mamta Yadav and Colleagues</td>
<td>18. A study of quality of life and depression in children and adolescents with short stature By – Dr Prerna Khar and Colleagues</td>
<td>22. Comparison of efficacy and cognitive side effect profile between right unilateral and bilateral ultra-brief pulse ECT - by Dr Sukriti Mukherjee and Colleagues</td>
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VALEDICTORY
REGISTRATION FORM

Personal Details

Name of the Delegate: ____________________________________________________________

Designation and Department/Institution/University: __________________________________

__________________________________________________________

Address: ______________________________________________________________________

Mobile no.: ____________________________ Email: ____________________________________

IACAM Membership No.: ________________________________________________________

<table>
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<tr>
<th>Registration Type</th>
<th>Price</th>
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<tbody>
<tr>
<td>All Delegates</td>
<td>INR 1000/- (One thousand only)</td>
</tr>
<tr>
<td>Corporate Registration</td>
<td>INR 10,000/- (Ten thousand only)</td>
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* Mandatory to provide proof of being a student from Head of Department

Payment Details

1. NEFT/IMPS/Digital Payment Only

2. Bank Transfer

You can pay by bank transfer using the following instructions:

Bank details: Bank of Baroda, Kanke branch

Type of account: Current | Name of the account: IACAMCON-2021

Account no: 2626020001340 | IFSC: BARB0KANKEE [5th character is zero]

Remark No refund: Link for joining and e-certificate will be provided to those who register on or before 12 midnight on 24.12.2021

Register Now

ONLY REGISTERED DELEGATES CAN ACCESS TO THE ONLINE CONGRESS PLATFORM & SCIENTIFIC SESSION

CONFERENCE SECRETARIAT:

Dr. Nishant Goyal | Organizing Secretary
Central Institute of Psychiatry, Ranchi-834006, Jharkhand, India
P: 0651-2451115 (249)
M: +91-9431171162/+919835191942 (Dr. Narendra)
E: iacamcon2021@gmail.com
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